

COURSES :RECORDS PLEIN AIR MASCULINS (au 10/10/17)

	VÉTÉRANS	SENIORS	ESPOIRS	JUNIORS	CADETS	MINIMES	BENJAMINS	POUSSINS
50M				6.4 31/03/07 Rodarel F	6.5 19/10/02 Lestage A	6.40 él 20/06/04 Rodarel F.	6.83 él 20/06/04 Thomas M	7.4 /05/01 Rouanne X /05/02 Rouanne B 28/09/02 Thomas M
60M			8.4 24/10/98 Bénac R				8.32él 18/06/00 Jarry M	8.4 24/04/00 Rouanne X
80M						9.94él 27/05/01 Lestage F Lestage A		
100M	12.76vf 18/10/14 Jacquet JM	11.14 01/05/12 Rodarel F	10.93 él 30/05/09 Rodarel F 10.91 él vf 03/07/10 Rodarel F	10.71él VR 13/07/08 10.66 VF 18/07/08 Rodarel F	10.92 él VR 21/05/06 Rodarel F.	11.54él 20/06/04 Rodarel F.	12.4 28/09/02 Rodarel F	
120M							15.90él 20/06/99 Lestage A	17.6 28/05/00 Rodarel F
150M						19.01él 28/05/00 Lestage A		
200M	27.14 05/05/12 Jacquet JM	22.52 él 02/06/12 Rodarel F	22.37 14/06/09 Rodarel F	21.94 él VR 16/07/08 Rodarel F	22.39él VR 16/07/06 Rodarel F			
300M		36.25 01/05/12 Rodarel F			36.95él 28/09/03 Lestage A			
400M	63.00él 05/05/02 Leyrat F	49.99 él 30/06/09 Lestage A	50.70 02/06/11 Rodarel F	51.99 él 15/05/04 Lestage A	52.98él 01/06/02 Lestage A			
800M	3.05.20 20/05/02 Montagnac B	2.15.88 23/05/10 Hernandez Y		2.05.90 18/06/05 Lestage A	2.15.23él 29/09/02 Hernandez Y			
1 000M			2.39 22/09/07 Lestage A	2.55 15/10/94 Nunès Mi	2mn59s70 12/07/02 Hernandez Y	2.54.17 13/10/01 Lestage A	3.24 29/06/99 Lestage A 21/09/03 Jarry Davy	3.42.3 17/05/97 Lestage A
1 500M	5,40,97 31/05/15 Jacquet JM	6.14.09 26/05/13 Bouysse Y		4.36.92 03/10/04 Lestage A	4.46 25/04/93 Nunès Mi			
2 000/ 3 000M					10.47 15/10/94 Nunès Mi	11.24.9 12/06/00 Hernandez Y		
5 000M	20.48.32 05/05/02 Navratil G			18.30.09 05/06/94 Nunès Mi				
10 KM route	39.50.00 25/02/07 Simon Ph							
Semi-marathon	1.2. 01/04/01 Leyrat F	1.22.04 06/03/05 Simon Ph.						
Marathon	2.54.53 09/04/06 Simon Ph	2.53.39 11/04/99 Leyrat F						
100/110M Haies	20,18vf 19/10/14 Jacquet JM	16.84 04/10/15 Bouysse Y	18.14 01/06/12 Bouysse Y	15.38 01/08/04 Lestage A	14.20él.(vf) 22/06/02 Lestage A 14.24él.(vr) 12/07/03 Lestage A	13.80él. 01/07/01 Lestage A		
50M-Haies					7.0 19/10/02 Lestage A	7.7 19/10/02 Jarry M	7.9 19/09/99 Lestage F	8.1 07/06/97 Lestage A
200M Haies						27.2 06/10/01 Lestage A		
250/320/400M Haies		52.02 él 05/07/09 Lestage A	53.60 él 19/07/08 Lestage A	60.65 él 29/05/11 Bringezu F	43.09él 24/05/02 Lestage A	37.4 08/05/00 Lestage A		
Marche		39, 29/05/17				18.36.5 04/07/99	13.34.2 13/06/98	

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		Montagnac M				Hernandez Y	Hernandez Y	
Relais			<u>4x100</u> 45.14 30/06/07 Lestage F Rodarel E Lestage A Rodarel F	<u>4x100</u> 43.75 26/06/05 Lestage F Jarry M Lestage A Rodarel F	<u>4x100</u> 45.83 03/06/06 Thomas M Rodarel E Crescenzo M Rodarel F	<u>4x80</u> :41.07él 01/10/00 Lestage F Deglave R Hernandez Y Lestage A ----- <u>4x60</u> :29.8 30/09/01 Lestage F CoussinN Jarry M Lestage A	4X60 : 32.72 12/06/04 Dufresne G Rodarel E Rouanne B Thomas M	